

Focus Area: Mental and Substance Use Disorders Prevention

Goal: 2.2 Prevent opioid and other substance misuse and deaths

- *Objective: 2.2.3 Reduce the opioid analgesics prescription for pain, age-adjusted rate by 5% to 350.0 per 1,000 population*
 - Intervention: 2.2.3 Promote and encourage prescriber education and familiarity with opioid prescribing guidelines and limits as imposed by NYS statutes and regulations
 - Schuyler County Public health will promote and encourage prescriber education and familiarity with opioid prescribing guidelines and alternative treatments for pain.
 - Schuyler Hospital will implement new process of an OPIOD screening tool in the pain clinic.
 - Schuyler Hospital will offer provider education and review current patient drug contract policy.
 - Schuyler Hospital will increase Urine Drug Screens and review the policy.

Goal: 2.4 Reduce the prevalence of major depressive disorders

- *Objective: 2.4.1: Reduce the past year prevalence of major depressive episode among adults aged 18 or older by 5% to no more than 6.2%. - Tracking Indicator*
 - Intervention: 2.4.2 Strengthening resources for families and caregivers
 - Schuyler County Public Health will reach out to 211 to assist them in updating their directory for resources available to Schuyler County residents.
 - Schuyler County Public Health will promote and educate the benefits of offering telehealth kits for loan at the libraries in Schuyler County (based off the model of the Watkins Glen Library).
 - Schuyler Hospital Clinics will participate in CPI training.
 - Schuyler Hospital will work to strengthen relationships' with Mental Health.
 - Schuyler Hospital will create a process for depression screenings.
 - Schuyler Hospital will monitor depression screening rates.
 - Schuyler Hospital will disseminate community resources such as brochures with emergency access numbers.
 - Mental Health Clinician will refer clients identified as "in need" to Care Managers.
 - Intervention: 2.4.3 Implement an evidence-based cognitive behavioral approach
 - Mental Health will provide CBT and DBT (evidence-based therapies).

Goal: 2.5 Prevent suicides

- Objective: 2.5.2 Reduce the age-adjusted suicide mortality rate by 10% to 7 per 100,000.
 - Intervention: 2.4.2 Strengthening resources for families and caregivers. and/or Increasing accesses to healthcare services.
 - Schuyler County Public Health will reach out to 211 to assist them in updating their directory for resources available to Schuyler County residents.
 - Intervention: 2.5.2 Strengthen access and delivery of suicide care - Zero Suicide: Zero Suicide is a commitment to comprehensive suicide safer care in health & behavioral health care systems.
 - Schuyler Hospital will work to strengthen relationships' with mental health.

- Schuyler Hospital will create a process for depression screenings.
 - Schuyler Hospital will monitor depression screening rates.
 - Schuyler Hospital will disseminate community resources such as brochures with emergency access numbers.
- Intervention: 2.5.3 Create protective environments: Reduce access to lethal means among persons at risk of suicide; integrate trauma informed approaches, reduce excessive alcohol use
 - County will look into the implementation of the Lock & Talk initiative, adapted from Virginia's statewide Lock & Talk program, to reduce access to lethal means.
 - Intervention: 2.5.4 Identify and support people at risk: Gatekeeper Training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides
 - Schuyler County Public Health and Schuyler County Mental Health will work with SAFE to get SAFE reestablished.
 - SAFE will provide gatekeeper training, such as but not limited to SAVE, Safe Talk, ASIST, and/or QPR throughout the community to anyone who may be interested in gatekeeper training.
 - MR Hess Home Works will provide QPR gatekeeper trainings.
 - Schuyler Hospital will pull a group together to review and update the after-hours crisis management policy.
 - Schuyler Hospital Clinics will participate in CPI training.
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 - Intervention: 2.5.5 Promote connectedness, each coping and problem-solving skills: social emotional learning, parenting and family relationship programs, peer norm program
 - MR Hess Home Works will offer a weekly support group.

Focus Area: Chronic Disease Preventive Care and Management

Goal: 4.1 Increase cancer screening rates

- *Objective: 4.1.1 Increase the percentage of women with an annual household income less than \$25,000 who receive a breast cancer screening based on most recent guidelines*
 - Intervention: 4.1.1 Work with health care providers/clinics to put systems in place for patient and provider screening reminders (e.g., letter, postcards, emails, recorded phone messages, electronic health records [EHR] alerts).
 - Schuyler Hospital will develop campaigns that are triggered based on age and gender for patient outreach. Messages will go via voice, text, email, and patient portal.
 - Schuyler Hospital will utilize pre-visit planning to allow staff to ask the patient if they had a screening and if not, to alert the provider in the upcoming progress note.
 - Schuyler Hospital will use new processes in place for utilization of the Alert systems in the EMR.
 - The Cancer Services Program (CSP) will reach out to providers to get them to include, in their reminder system, a way to determine insurance status.
 - The Cancer Services Program (CSP) will reach out to providers to ask if their site refers to the CSP as part of the assessment and can include a reciprocal referral system with CSP.
 - Intervention: 4.1.2 Conduct one-on-one (by phone or in-person) and group education (presentation or other interactive session in a church, home, senior center or other setting).
 - Schuyler County Public health will promote awareness about breast cancer screenings at festivals, food pantries, and/or meal sites.

- The Cancer Services Program (CSP) will reach out to businesses & and participate in community events.
 - University of Rochester Medical Center/Wilmot Cancer Institute will offer Promote Health. Prevent Cancer. Program, which is an 8-week (in person or virtually) nutrition/physical activity class that teaches risk reduction strategies and educates on cancer screening.
 - Wilmot Cancer Institute will offer a Community Webinar series every month offering CME, CE, SW Contact hours. The Webinar series is open to the community, as well, and hosts a clinical expert and a community expert.
- Intervention: 4.1.3 Use small media such as videos, printed materials (letters, brochures, newsletters) and health communications to build public awareness and demand.
 - Schuyler County Public Health will coordinate with the Cancer Services program and/or mobile mammogram van to promote breast cancer screenings and/or information about screening services at community events that target people who are low income such as but not limited to food pantries, festivals, meal sites, etc.
 - The Cancer Services Program (CSP) will place Ads for CSP in Hi-Lites.
- Intervention: 4.1.4 Work with clinical providers to assess how many of their patients receive screening services and provide them feedback on their performance (Provider Assessment and Feedback).
 - Schuyler Hospital Provider Breast Cancer Screening scores will be reported to them quarterly with HEDIS standards.
- Intervention: 4.1.5 Remove structural barriers to cancer screening such as providing flexible clinic hours, offering cancer screening in non-clinical settings (mobile mammography vans, flu clinics), offering on-site translation, transportation, patient navigation and other administrative services and working with employers to provide employees with paid leave or the option to use flex time for cancer screenings.
 - Schuyler County Public Health will promote a policy highlighting the benefits of offering paid leave time and/or the option to use flex time for employees for cancer screening to employers. Public Health will ensure that employers paying low wages are included in the list of employers targeted.
 - Schuyler Hospital Initiated a monthly gap in care meeting and will use it to discuss all the clinics gaps and how to improve access to care.
 - Schuyler Hospital will utilize discharge coordinators scheduling into the RAD system vs referring for an appointment.
 - Schuyler Hospital RAD will offer same day Mammogram appointments.
 - Schuyler Hospital will utilize Chronic Care Management programs with advanced care planning.
- Intervention: 4.1.6 Ensure continued access to health insurance to reduce economic barriers to screening.
 - Schuyler Hospital will work with Cancer Services, providers, and staff on program education and marketing .
 - The Cancer Services Program (CSP) will provide in-service to train provider sites front/reception staff program eligibility and how to refer to CSP when uninsured patient checks in.
 - The Cancer Services Program (CSP) will provide in-service to train staff at site program guidelines and how to complete CSP forms for procedure reimbursement.
 - The Cancer Services Program (CSP) will provide flyers for provider site waiting areas.

- The Cancer Services Program (CSP) will train Schuyler Hospital financial assistance, billing officers, and social workers CSP eligibility and services and how to refer to the CSP.
 - The Cancer Services Program (CSP) will work with Schuyler Hospital to establish a reciprocal referral system for screenings, diagnostic tests, and Medicaid Cancer Treatment Program applications for those who are diagnosed with breast cancer and uninsured.
 - Intervention: Strengthening resources for families and caregivers and/or Increasing accesses to healthcare services.
 - Schuyler County Public Health will reach out to 211 to assist them in updating their directory for resources available to Schuyler County residents.
- *Objective: 4.1.3 Increase the percentage of adults who receive a colorectal cancer screening based on the most recent guidelines (ages 50 to 75 years)*
 - Intervention: 4.1.1 Work with health care providers/clinics to put systems in place for patient and provider screening reminders (e.g., letter, postcards, emails, recorded phone messages, electronic health records [EHR] alerts).
 - Schuyler Hospital will develop campaigns that are triggered based on age and gender for patient outreach. Messages will go out via voice, text, email and, patient portal.
 - The Cancer Services Program (CSP) will reach out to providers to get them to include, in their reminder system, a way to determine insurance status.
 - The Cancer Services Program (CSP) will reach out to providers to ask if their site refers to the CSP as part of the assessment and can include a reciprocal referral system with CSP.
 - The Cancer Services Program (CSP) will place Ads for CSP in Hi-Lites.
 - The Cancer Services Program (CSP) will place Billboard for CSP for Colorectal Cancer Awareness Month.
 - Intervention: 4.1.2 Conduct one-on-one (by phone or in-person) and group education (presentation or other interactive session in a church, home, senior center or other setting).
 - Schuyler County Public Health will use inflatable colon to promote awareness about colorectal cancer screenings at festivals and/or other community events.
 - The Cancer Services Program (CSP) will reach out to businesses & and participate in community events.
 - University of Rochester Medical Center/Wilmot Cancer Institute will offer Promote Health. Prevent Cancer. Program, which is an 8-week (in person or virtually) nutrition/physical activity class that teaches risk reduction strategies and educates on cancer screening.
 - Wilmot Cancer Institute will offer a Community Webinar series every month offering CME, CE, SW Contact hours. The Webinar series is open to the community, as well, and hosts a clinical expert and a community expert.
 - Intervention: 4.1.3 Use small media such as videos, printed materials (letters, brochures, newsletters) and health communications to build public awareness and demand.
 - Schuyler County Public Health will promote the Cancer Services program and promote colorectal cancer screening.
 - Intervention: 4.1.4 Work with clinical providers to assess how many of their patients receive screening services and provide them feedback on their performance (Provider Assessment and Feedback).

- Schuyler Hospital Provider Colorectal Cancer Screening scores will be reported to them quarterly with HEDIS standards.
- Intervention: 4.1.5 Remove structural barriers to cancer screening such as providing flexible clinic hours, offering cancer screening in non-clinical settings (mobile mammography vans, flu clinics), offering on-site translation, transportation, patient navigation and other administrative services and working with employers to provide employees with paid leave or the option to use flex time for cancer screenings.
 - Schuyler County Public Health will promote a policy highlighting the benefits of offering paid leave time and/or the option to use flex time for employees for cancer screening to employers.
 - Schuyler Hospital will use new processes in place for utilization of the Alert systems in the EMR.
 - Schuyler Hospital will utilize pre-visit planning to allow staff to ask the patient if they had a screening and if not to alert the provider in the upcoming progress note.
 - Schuyler Hospital Initiated a monthly gap in care meeting and will use it to discuss all the clinics gaps and how to improve access to care.
 - Schuyler Hospital will utilize Chronic Care Management programs with advanced care planning.
- Intervention: 4.1.6 Ensure continued access to health insurance to reduce economic barriers to screening.
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 - The Cancer Services Program (CSP) will provide in-service to train provider sites front/reception staff program eligibility and how to refer to CSP when uninsured patient checks in.
 - The Cancer Services Program (CSP) will provide in-service to train staff at site program guidelines and how to complete CSP forms for procedure reimbursement.
 - The Cancer Services Program (CSP) will provide flyers for provider site waiting areas.
 - The Cancer Services Program (CSP) will train Schuyler Hospital financial assistance, billing officers, and social workers in CSP eligibility and services and how to refer to the CSP.
 - The Cancer Services Program (CSP) will work with Schuyler Hospital to establish a reciprocal referral system for screenings, diagnostic tests, and Medicaid Cancer Treatment Program applications for those who are diagnosed with colorectal cancer and uninsured.
- Intervention: Strengthening resources for families and caregivers and/or Increasing accesses to healthcare services.
 - Schuyler County Public Health will reach out to 211 to assist them in updating their directory for resources available to Schuyler County residents.